

OAT, NUT & SEED BAR

DATE & ORANGE

FUEL THE BODY. GO THE DISTANCE

- SOY FREE
- DAIRY FREE
- EGG FREE
- PLANT BASED
- NON GMO
- NO ADDITIVES



MADE IN NZ



USA

MADE WITH NZ MANUKA HONEY



BOX DIMENSIONS (Inches)

Width = 2.5" / Height = 3.9" / Depth = 1"



75G CRAFTY WEKA BAR

BOX DIMENSIONS (Inches)

Width = 2" / Height = 2.5" / Depth = 1"



40G CRAFTY WEKA BITE



COUNTER DISPLAY BOX

75G BARS CLOSED (12 Units per box)

BOX DIMENSIONS (Inches)

CLOSED: Width = 5" / Height = 4" / Depth = 6.4"
OPEN: Width = 5" / Height = 7.2" / Depth = 6.4"



COUNTER DISPLAY BOX

40G BITES CLOSED (12 Units per box)

BOX DIMENSIONS (Inches)

CLOSED: Width = 4" / Height = 2.6" / Depth = 6.4"
OPEN: Width = 4" / Height = 5.9" / Depth = 6.4"



COUNTER DISPLAY BOX 75G BARS



COUNTER DISPLAY BOX 40G BITES

GOOD SOURCE OF FIBER & PROTEIN.

The Crafty Weka Bar is a special mix of plant based, natural sugars, complex carbohydrates and key nutrients that will keep you and your activity going for longer.



YOU EAT THE BAR, LET NATURE EAT THE PACKAGING! Both the box and the bar wrapper can go in your compost bin!



WHAT'S INSIDE.

Ingredients: Oats, Peanuts, Dates, Black Sesame Seeds, Coconut Sugar, Manuka Honey, Pumpkin Seeds, Sunflower Seeds, Sunflower Oil, Orange Peel (1%), Cinnamon.

Nutrition Facts

About 2 servings per bar
Serving size 1/2 bar (40g)

Amount per serving
Calories 185

	% Daily Value*
Total Fat 12 g	15 %
Saturated Fat 2 g	10 %
Sodium 46 mg	2 %
Total Carbohydrate 14 g	5 %
Dietary Fiber 3 g	11 %
Total Sugars 8 g	
Includes 4 g Added Sugars	8 %
Protein 5 g	10 %
Calcium 69 mg	5 %
Iron 2 mg	11 %
Potassium 179 mg	4 %

Not a significant source of Cholesterol, trans fat or Vitamin D.
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

USA (all prices in USD)

DATE & ORANGE	From date of manufacture Shelf Life	Barcode
1.4 oz Bite (1 Bite)	12 Months	850018593052
Bites Counter Display Box (12 x 1.4 oz. Bites)	12 Months	850018593076
2.6 oz. Bar (1 Bar)	12 Months	850018593014
Bars Counter Display Box (12 x 2.6 oz. Bars)	12 Months	850018593045

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craftyweka.com

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